**Dr Maria Teresa (Mabli) Agozzino.**

With a background in Lee style Tai Chi and Qigong and with diplomas in Acupressure and Qigong for health, Mabli originally trained and qualified to volunteer teach Shibashi sets 1 and 2 for Age Cymru in response to student demand for classes.

She currently holds classes in South Wales. A former university professor-turned-editor, Mabli is learning British Sign Language and hopes one day to be able to offer Tai Chi signed classes.